



Name:

# THE STEPS OF PRAYER

## BEREAN BAPTIST CHURCH



517 Glensford Drive  
Fayetteville, NC 28314  
910.868.5156 | [bbcfnc.org](http://bbcfnc.org)

### Our Covenant

As a bond of unity among us, Berean Baptist Church accepts for its members the following covenant:

Having been led by the Holy Spirit to receive the Lord Jesus Christ as our Savior and upon our profession of our faith in Him, having been baptized in the name of the Father, and the Son, and the Holy Spirit, we do now solemnly and joyfully enter into this covenant with one another as one body in Christ.

We fully realize that the strength to uphold this covenant comes from the grace of God our Father, the shed blood of God the Son, and the power of the indwelling of God the Holy Spirit.

We promise to actively pursue personal holiness; to walk together in Christian love; to strive for the advancement of this church's spiritual growth and unity; to faithfully abide by the doctrines and behaviors outlined in this church's Articles of Faith; and to give cheerfully of our time, talents, and finances for the support of this ministry and its missionaries.

We further promise to faithfully attend the church's worship services, to maintain personal spiritual disciplines; to teach our children the Word of God; to share the gospel with our relatives and acquaintances; to be just in our dealings, faithful in our engagements; and to avoid all gossip. We promise that we will love and pray for each other and in times of distress help one another.

We promise to endeavor to obey the commandments of our Lord Jesus and to abstain from anything that would cause our fellow brother or sister in Christ to stumble or that will bring reproach to the name of Jesus Christ.

We further realize that if we should fail to live up to the promises we have made, our brothers and sisters in Christ will always strive for our reconciliation and spiritual restoration. However, if we partake in a sustained and unrepentant violation of an Article of Faith, we will be brought under church discipline in accordance with the Church Constitution.

We make this covenant with each other for the express purpose of glorifying God as the visible representation of the body of Christ.

This prayer booklet is to help you in your talking and listening with God. Developing a quality prayer closet time can be quite challenging. “But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.” (Matthew 6:6). We can get distracted or not remember prayer points off the top of our heads.

This is not to be thought of as an exhaustive or complete list of points to pray on, but a guide to be able to grow as a prayer warrior. This systematic outline can help you keep track of your important prayer points. Feel free to add, delete, or change in any way, as the Lord leads you. Throughout the booklet, space has been left for you to add your prayer requests and make this guide more personal. There are also reminders to pause and listen for God speaking to you. Hearing from God can be more important than him hearing from you.

## TABLE OF CONTENTS

PAINT Acronym.....	2
Daily, Weekly, and Monthly .....	3
Daily – Praise God .....	4
Daily – Ask Forgiveness.....	5
Daily – Intercession.....	6
Daily – Intercession (Cont.).....	7
Daily – Name Hearts Desires .....	8
Daily – Thanksgiving .....	9
Weekly – Sunday .....	10
Weekly – Monday.....	11
Weekly – Tuesday.....	12
Weekly – Wednesday .....	13
Weekly – Thursday .....	14
Weekly – Friday .....	15
Weekly – Saturday.....	16
Monthly, 1 <sup>st</sup> -10 <sup>th</sup> .....	17
Monthly, 11 <sup>th</sup> -21 <sup>st</sup> .....	18
Monthly, 22 <sup>nd</sup> -31 <sup>st</sup> .....	19

**“May my prayer be set before You as incense, the raising of my hands as the evening offering.” (Psalm 141:2)**

This stained glass paints the picture of how our prayers are received by God. They are a fragrant aroma to God. In OT times, burning incense was part of their worship of God. Prayer is part of our worship of God.



Prayer is considered to be a Holy Habit or spiritual discipline. As a maturing or fully functioning disciple of Jesus, growing a strong prayer life is critical. At Berean, you will often hear disciples described as fully functioning followers of Christ. As an illustration, let's look at Matthew 4:19, "And he said to them, 'Follow me, and I will make you fishers of men.'" As we follow Jesus, we must think like Jesus, and we gain this through His Word (Head). We are being made into Jesus as we worship Him through our life (Heart). We are personal and relational disciple-makers as we join Jesus in His work (Hands). Lastly, we point people to Jesus as we live and share the gospel as His witness (Feet). Prayer should help you to mature and grow in all four of these areas.

To help you organize your prayer points, this prayer booklet is based on the PAINT acronym. Each letter, P-A-I-N-T, links to an area, a posture, or aspect of prayer.

### **PAINT the Picture of my Heart and Life before God through Prayer!**

**Praise** – Tell God how great, powerful & awesome He is.

**Ask forgiveness** – Repent & ask God to take the sin out of your life.

**Intercession** – Ask God to help and work in the lives of others.

**Name hearts desires** – Ask God to help and work in your life.

**Thanksgiving** – Thank God for everything He has given & done for you.

As you paint each stroke of your life picture, remember to pause to LISTEN to God.

## Daily, Weekly, and Monthly

God provides us with many life opportunities to pray and listen to Him about. This is why God commands us to, “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.” (1Th 5:16-18). Strong relationships need communication. We need to be in constant communication with God. Allowing the Holy Spirit to prompt our spirit at any moment. Along with unceasing prayer throughout the day, there is also that time when we enter our prayer closet for focused prayer.

It would be impossible to pray through everything in our lives in our prayer closet moments, so this guide has been made to help you spread out all your prayer concerns, so nothing is missed. This way, you will have confidence that you have remembered to pray for everything God has placed on your heart.

To organize the spreading out of your prayer points, this prayer booklet has 3 sections: “Daily”, “Weekly”, & “Monthly”. The “Daily” section is designed to be used every day. Here is where you place all prayer points you want to lift up to God as regularly as possible. The “Weekly” section is designed to give prayer points for each day of the week. These would be prayer points that you might not left up daily, but want to left them up at least once a week. The “Monthly” section is designed to give prayer points for each date of the month. As a church, we are highlighting the reading of prayers from the Bible and using them in our personal prayer time in 2022. So, under each date you will find a prayer straight from Scripture and a suggested direction to pray. There is also blank space for you to be able to place prayer points, that you want to pray for at least once a month. It is impossible to pray for everything that we need to, or promise to, every day. But by prioritizing and placing all the items you wish to pray for in the different sections, you will be able to pray for each item at least once a month.

## Daily – PAINT

**PRAISE GOD** – Tell God how great, powerful & awesome He is.

“And one called to another: Holy, holy, holy is the Lord of Hosts; His glory fills the whole earth.” (Isaiah 6:3)

“For the Lord your God is the God of gods and Lord of lords, the great, mighty, and awesome God, showing no partiality and taking no bribe.” (Deuteronomy 10:17)

Holiness

Creator and Sustainer

Awesome God

Righteousness

Love

Grace

Mercy

Omnipotence

Omnipresence

Omniscience

Eternal

Goodness

Justness

Patience

Mission

Sovereignty

Wrath

Trinity

Oneness

Transcendence

Incomprehensibility

Immutability

Providence

Jealousness

Pause to listen to Go

## Daily – PAINT

**ASK FORGIVENESS** – Repent & ask God to take the sin out of your life.

“Search me, God, and know my heart; test me and know my concerns. See if there is any offensive way in me; lead me in the everlasting way.” (Psalms 139:23-24)

“So then, brothers, we are not obligated to the flesh to live according to the flesh, for if you live according to the flesh, you are going to die. But if by the Spirit you put to death the deeds of the body, you will live. (Romans 8:12-13)

Help me to see my sins

Confess (specific sins)

Seek forgiveness

Repent

Clean my heart

Turn me away from sin

Give me a hatred toward sin

Bring accountability to my life

Help me to look through every area of my life

Remove the blindness to my sin

Help me to live the sin-free life

Help me to identify and remove all personal deception

The strength to forgive others

Pause to listen to God

## Daily – PAINT

**INTERCESSION** – Ask God to help and work in the lives of others.

“As for me, I vow that I will not sin against the Lord by ceasing to pray for you...” (1 Samuel 12:23)

### **SPOUSE**

Surrender  
Personal Relationship with God  
Christlikeness Growth  
Daily Time With God and His Word  
Used By God  
Disciple-Making  
Biblical worldview  
Marriage  
Parenting  
Grandparenting  
Relationships  
Health  
Work  
Decision Making

### **CHILDREN**

Surrender  
Personal Relationship with God  
Christlikeness Growth  
Daily Time With God and His Word  
Used By God  
Disciple-Making  
Biblical worldview  
School  
Dating  
Future mate  
Marriage  
Future Children  
Parenting  
Relationships  
Health  
Work  
Decision Making

GRANDCHILDREN

GREAT-GRANDCHILDREN

EXTENDED FAMILY

CLOSE FRIENDS & ACCOUNTABILITY

BEREAN BAPTIST CHURCH (BBC)

REVIVAL AND SPIRITUAL AWAKENING

BEREAN BAPTIST ACADEMY (BBA), HOMESCHOOLING & LOCAL SCHOOLS, COLLEGES & UNIVERSITIES,

GOVERNMENT (NATIONAL, STATE, & LOCAL),

MILITARY & FIRST RESPONDERS

CHRISTIANS

LOST PEOPLE

PUBLIC CONTEX & VIEWS

Pause to listen to God



## Daily – PAINT

**NAME HEART'S DESIRES** – Ask God to help and work in your life.

“Therefore, whether you eat or drink, or whatever you do, do everything for God’s glory.” (1 Corinthians 10:31)

Maturing as a fully functioning follower of Christ (a growing and multiplying disciple).

- Thinking more like Jesus, and I gain this through His Word (Head).
- Being made into Jesus as I worship Him though my life (Heart).
- More on mission with Jesus in His work (Hands).
- Proclaiming the gospel as people see and hear Jesus through me as His witness (Feet).

Daily Time With God and His Word

Growing In Christlikeness – Christlike Transformation

- Surrender – Sacrifice – Listen – Abide – Obey – Light – Love – Service – Proclaim – Disciple

Multiplication

Fasting

Journaling

Disciple-Making Relationships

- My Paul’s, Timothy’s & Barnabas’
- Relationships w/ the lost

God’s vision (Relationship)

Biblical Priorities & Organization

Private / Individual areas

Used By God

Gospel Witness

Gospel Conversations

Acts 1:8 Missional Perspective

Godly Character

Holiness

Self-control

Marriage & Family

Humility

Stewardship (Time, Talent, & Tithe)

Silence

Solitude & Submission

Prayer

Worship

Meditation

Simplicity (life margins)

Pause to listen to God

## Daily – PAINT

**THANKSGIVING** – Thank God for everything He has given & done for you.

“Shout triumphantly to the Lord, all the earth. Serve the Lord with gladness; come before Him with joyful songs. Acknowledge that the Lord is God. He made us, and we are His – His people, the sheep of His pasture. Enter His gates with thanksgiving and His courts with praise. Give thanks to Him and praise His name. For the Lord is good, and His love is eternal; His faithfulness endures through all generations.” (Psalm 100)

Jesus’ Sacrifice

Eternal Life

My Life

Ability To Image God

Capacity To Glorify (Worship)

My Family

My Friends

Personal Calling

Disciple-Making Relationships

Opportunities to serve

My Job

My Church

Pause to listen to God

## Weekly

### SUNDAY

#### EXTENDED FAMILY

#### CLOSE FRIENDS & ACCOUNTABILITY

#### BEREAN BAPTIST CHURCH (BBC)

Elders & their families (Dick Button, Marcus Belt, Michael Germany, Darren Hawk, Sean Harris, Steve Wilson)

Pastors & their families (Sean Harris, Steve Wilson, Brian Howell, Jonathan Andrews, Cliff Wixson, Mike Boarts)

Deacons & their families (Jason Allen, Samuel Beach, Nate Gantt, Matt Hawk, Jeff King, Marcus Lewis)

Ministry Support Staff & their families

Sunday School Teachers, Ministry Leaders & their families

The Berean Families

The Ministries

- Children

- Youth

- Ladies

- Men

- Sunday School

- Study Groups

- Worship Services

- Berean Baptist Academy

Disciple-Making Culture

Christlikeness Growth

Commitment

Desire to reach the lost (Salvation)

Acts 1:8 Missional Perspective (Local and Global Partnerships)

Committed participation

Daily time with God and His Word

Unity

Stewardship – Time, Talent & Tithe

Love, Joy, Hope & Peace

Selflessness & Generous Spirit

Pause to listen to God

## Weekly

### MONDAY

#### **EXTENDED FAMILY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **CLOSE FRIENDS & ACCOUNTABILITY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **BEREAN BAPTIST CHURCH (BBC)**

Elders & their families (Dick Button, Marcus Belt, Michael Germany, Darren Hawk, Sean Harris, Steve Wilson)

BBC Mission Partner – David Ulrich – Camp Anchorage on Lake Waccamaw, NC

BBC Mission Partner – Daniel and Rosalie Anderson – Appalachian Bible College of Mount Hope, WV

BBC Mission Partner – Tim and Eileen Clark – Executive Director of Roma Outreach Missions Association (ROMA)

#### **GOVERNMENT**

President Joe Biden

Vice President Kamala Harris

US House

US Senate

US Supreme Court

Pause to listen to God

## Weekly

### TUESDAY

#### EXTENDED FAMILY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### CLOSE FRIENDS & ACCOUNTABILITY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### BEREAN BAPTIST CHURCH (BBC)

Pray through the emailed prayer list from yesterday

#### GOVERNMENT

Governor Roy Cooper

LT Governor Mark Robinson

NC House

NC Senate

NC Supreme Court

Pause to listen to God

## Weekly

### WEDNESDAY

#### EXTENDED FAMILY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### CLOSE FRIENDS & ACCOUNTABILITY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### BEREAN BAPTIST CHURCH (BBC)

Pastors & their families (Sean Harris, Steve Wilson, Brian Howell, Jonathan Andrews, Cliff Wixson, Mike Boarts)

BBC Mission Partner – Jacob and Katie Stubbs – Kings Hill Church – Boston, MA

BBC Mission Partner – National Center for Life and Liberty

#### MILITARY

Service members in combat areas & Their Families

Service members in non-combat areas & Their Families

Pause to listen to God

## Weekly

### THURSDAY

#### **EXTENDED FAMILY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **CLOSE FRIENDS & ACCOUNTABILITY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **BEREAN BAPTIST CHURCH (BBC)**

Deacons & their families (Jason Allen, Samuel Beach, Nate Gantt, Matt Hawk, Jeff King, Marcus Lewis)

BBC Mission Partner – Gerald and Mary Branch – Mexico

BBC Mission Partner – Luke and Jessica Marie – Bolivia

#### **FIRST RESPONDERS**

Pause to listen to God

## Weekly

### FRIDAY

#### **EXTENDED FAMILY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **CLOSE FRIENDS & ACCOUNTABILITY**

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### **BEREAN BAPTIST CHURCH (BBC)**

Ministry Support Staff & their families

Sunday School Teachers, Ministry Leaders & their families

The Berean Families

The Ministries

- Children
- Youth
- Ladies
- Men
- Sunday School
- Study Groups
- Worship Services
- Berean Baptist Academy

BBC Mission Partner – Javier and Silvia Perez – Spain

BBC Mission Partner – Rom and Rachel Ribeiro – Brazil

Pause to listen to God



## Weekly

### SATURDAY

#### EXTENDED FAMILY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### CLOSE FRIENDS & ACCOUNTABILITY

(Personal Relationship with God, Openness (Humility), Fellowship, Godly Focus, Encouragement, Strength against worldly influences, Accountability, Marriage & Family)

#### BEREAN BAPTIST CHURCH (BBC)

Disciple-Making Culture

Christlikeness Growth

Commitment

Desire to reach the lost (Salvation)

Acts 1:8 Missional Perspective (Local and Global Partnerships)

Committed participation

Daily time with God and His Word

Unity

Stewardship – Time, Talent & Tithe

Love, Joy, Hope & Peace

Selflessness & Generous Spirit

BBC Mission Partner – Luke and Anna Tanis – Malta

BBC Mission Partner – Takuji and Hiroko Yamazaki – Japan

BBC Mission Partner – Aaron and Jillian Bashore – Muslim population in North Africa and Frankfurt, Germany

Pause to listen to God

## Monthly

### DAY OF THE MONTH

- 1<sup>st</sup> Psalm 51: A Prayer of David after being Confronted by Nathan the Prophet about his Sin with Bathsheba  
Prayer Direction: God, I am surrendering everything to you.
- 2<sup>nd</sup> Luke 18:9-14: The Parable of the Prayers of a Pharisee and the Tax Collector  
Prayer Direction: God, help me to be a humble man.
- 3<sup>rd</sup> 2 Kings 19:14-19: Hezekiah's Prayer after being Threatened by Sennacherib  
Prayer Direction: God, help me to trust you with...
- 4<sup>th</sup> Genesis 24:10-14: Abraham's Servant Praying to find a Wife for Isaac  
Prayer Direction: Pray that you would have success as you stand in the gap for someone that needs your help.
- 5<sup>th</sup> Job 1:20-22: Satan Takes Job's Property and Children  
Prayer Direction: Praise God, no matter what circumstances you are in, good or bad.
- 6<sup>th</sup> Psalm 25:4-7: A Prayer of David  
Prayer Direction: God, teach me your perspective.
- 7<sup>th</sup> Matthew 26:39-44: Jesus Prays in Gethsemane  
Prayer Direction: Pray for the desires of your heart, but above all, seek what God wills.
- 8<sup>th</sup> Numbers 27:15-17: Moses Asking for a Godly Leader  
Prayer Direction: Pray for the Elders, Pastors, and Deacons to be servant leaders as they shepherd our flock
- 9<sup>th</sup> Luke 16:19-31: The Rich Man and Lazarus  
Prayer Direction: Pray specifically for the unbelievers in your life to hear the gospel and surrender.
- 10<sup>th</sup> Psalm 139: A Prayer of David  
Prayer Direction: God, You know everything.

- 11<sup>th</sup> Psalm 31:3-5: A Psalm of David  
Prayer Direction: God, I trust you for protection.
- 12<sup>th</sup> 1 Samuel 2: Hannah's Prayer as They Leave Samuel with Eli  
Prayer Direction: Thankfulness and trusting God with your children.
- 13<sup>th</sup> Luke 2:27-32: Simeon Praying over Jesus in the Temple  
Prayer Direction: Thank God for your salvation and ask God to help you proclaim Jesus to the world.
- 14<sup>th</sup> 1 Chronicles 4:10: Prayer of Jabez  
Prayer Direction: God, help me to have a greater gospel influence.
- 15<sup>th</sup> Revelation 19:1-5: Rejoicing in Heaven  
Prayer Direction: Rejoice as you are in the presence of God here on earth, as we will for eternity
- 16<sup>th</sup> Judges 16:28: Samson's Prayer to bring Destruction on the  
Prayer Direction: God, please use me even though I have sinned.
- 17<sup>th</sup> Acts 7:58-60: Stephen's Prayer as he is Martyred  
Prayer Direction: God, help me to forgive others
- 18<sup>th</sup> 1 Kings 3:6-9: Solomon's Prayer for Wisdom to  
Prayer Direction: God, help those in government to have and use God's wisdom.
- 19<sup>th</sup> Ephesians 1:15-23: Paul Praying for the Church at Ephesus  
Prayer Direction: Pray for others to mature in Christlikeness transformation.
- 20<sup>th</sup> Ephesians 3:14-21: Paul praying for the Church at Ephesus  
Prayer Direction: Pray for others to experience the love of God.
- 21<sup>st</sup> Acts 4:23-31: The Believers Pray for Boldness  
Prayer Direction: Pray for a gospel boldness as you live a Spirit-empowered life.

- 22<sup>nd</sup>     John 17: Jesus Prays for Himself, His Disciples, and All Future Disciples  
Prayer Direction: Pray for yourself as a disciple-maker, Pray for those you are discipling, Pray for the disciples that will be made by your disciples.
- 23<sup>rd</sup>     3 John 2-4: John's Prayer for Fellow Believers  
Prayer Direction: Pray for the Spiritual health of fellow believers along with their physical health.
- 24<sup>th</sup>     1 Kings 18:36-40: Elijah's Prayer for Fire to Come Down  
Prayer Direction: Pray for God to use you in something that will only be able to happen in God's power.
- 25<sup>th</sup>     Revelation 4:9-11: Crowns being Laid at God's Feet  
Prayer Direction: Pray that your life will glorify God in a way that you will have crowns to lay at God's feet.
- 26<sup>th</sup>     2 Kings 6:8-23: Elisha Prayed for his Men to See what God was Doing Around them  
Prayer Direction: Pray for yourself and for others to be able to see what God is doing in, through, and around you.
- 27<sup>th</sup>     Nehemiah 6:9: Conspiracy Against Nehemiah and The Building of the Wall  
Prayer Direction: Seek God's strength, for the work He has called you to complete.
- 28<sup>th</sup>     1 Samuel 23:1-5: David Saves the City of Keilah  
Prayer Direction: Ask God for guidance and direction in your life decisions.
- 29<sup>th</sup>     Habakkuk 3: Habakkuk's Prayer for Revival  
Prayer Direction: Pray for revival of the believers so that we will fulfill the Great Commission.
- 30<sup>th</sup>     Revelation 22:20-21: Jesus' Second Coming  
Prayer Direction: Pray for the second coming of Jesus.
- 31<sup>st</sup>     1 Kings 8:22-53: Solomon's Prayer of Dedication  
Prayer Direction: Justice, rescue, provision, deliverance, unbelievers, victory, and restoration.