



The Fruit of the Spirit: Patience, Kindness, and Goodness

Galatians 5:22-23

**But the fruit of the Spirit is love,
joy, peace, **patience,**
kindness, goodness,
faithfulness, ²³ gentleness, self-
control; against such things there
is no law.**



Galatians 5:22

- But the fruit of the Spirit is love,
joy, peace, **patience**

makrothymia



KJV Translation Count — Total: 14x

The KJV translates Strong's G3115 in the following manner: longsuffering (12x), patience (2x).

Outline of Biblical Usage [?]

- I.* patience, endurance, constancy, steadfastness, perseverance
- II.* patience, forbearance, longsuffering, slowness in avenging wrongs



Patience (long-suffering)

Long-suffering

- long and patient endurance of offense

Patient

- bearing pains or trials calmly or without complaint
- manifesting forbearance under provocation or strain

Forbear

- to hold oneself back from especially with an effort



Makrothymia, patience, is well paraphrased by Bruce by the coined word 'long tempered' as opposed to 'short tempered'; perhaps 'tolerance' would give the idea better in modern English. It is the quality of 'putting up with' other people, even when one's patience is sorely tried. It is interesting to speculate why Paul put this quality in such a lofty place in his list.

Bruce F. F. Bruce,



Teaching the **TRUTH**

BEREAN BAPTIST CHURCH



Turn Back to Exodus 34:6



Exodus 34:6

- And the LORD passed by before him, and proclaimed, The LORD, The LORD God, merciful and gracious, **longsuffering**, and abundant in goodness and truth,

slow to anger



**I need to realize when I am
being long-suffering I am
manifesting one of the attributes
God the Father and God the Son.**

**God is slow to
anger.**



1 Peter 3:19–20

- in which he went and proclaimed to the spirits in prison, ²⁰ because they formerly did not obey, **when God's patience** waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water.



**Being long-suffering
with others is a
manifestation of love.**

1 Corinthians 13:4



1 Corinthians 13:4

- Love is patient and kind;
love does not envy or boast; it
is not arrogant



Patience which refers to the ability to endure injuries inflicted by others and the willingness to accept irritating or painful situations.

John MacArthur Jr., ed., , electronic ed. (Nashville, TN: Word Pub., 1997), 1799.

John MacArthur Jr., ed., [*The MacArthur Study Bible*, electronic ed. \(Nashville, TN: Word Pub., 1997\), 1799.](#)



Colossians 3:12

- Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and **patience**,



Patience shows that Christians are following God's plan and timetable rather than their own and that they have abandoned their own ideas about how the world should work.

ESV Study Bible



1 Thessalonians 5:14

- And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, **be patient with them all.**



Be long-suffering with others.

Be long-suffering with your spouse.

Be long-suffering with your children.

Be long-suffering with your mom and dad.

Be long-suffering with your boss.



2 Timothy 2:24

- And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, **patiently enduring evil,**



Patiently enduring panic

Patiently enduring other drivers

Patiently enduring an obnoxious boss

Patiently enduring an incompetent _____

Patiently enduring COVID-19



Patiently enduring empty shelves

Patiently enduring no break from my kids

Patiently enduring an empty auditorium

Patiently enduring no sports

**How do I know if I am
patiently enduring?**



If I have lost my joy I am not
patiently enduring

If I am not kind I am not patiently
enduring

If I have no peace I am not patiently
enduring



1 Timothy 1:16

- But I received mercy for this reason, that in me, as the foremost, **Jesus Christ might display his perfect patience as an example** to those who were to believe in him for eternal life.



**I know I am not long-suffering
when I am:**

**Irritated, annoyed, testy, angry, cross,
snappy, agitated, nervous, anxious,
fed-up, rude, hateful, and/or nasty**

(finally, this is hard !)



Galatians 5:22

- But the fruit of the Spirit is love,
joy, peace, patience,
kindness

KJV Translation Count — Total: 10x

The KJV translates Strong's G5544 in the following manner: goodness (4x), kindness (4x), good (1x), gentleness (1x).

Outline of Biblical Usage [?]

- I. moral goodness, integrity
- II. benignity, kindness

Strong's Definitions [?]

(Strong's Definitions Legend)

χρηστότης **chrēstótēs**, khray-stot'-ace; from G5543; usefulness, i.e. morally, excellence (in character or demeanor):—gentleness, good(-ness), kindness.



Kindness (gentleness)

**the quality of being friendly,
generous, and considerate**

the opposite of rude

**free from harshness, sternness, or
violence**



Proverbs 11:17

- **A man who is kind**
benefits himself,
- but a cruel man hurts himself.



Luke 6:35

- But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, **for he [the Most High God] is kind to the ungrateful and the evil.**



**In what way is God
kind to the ungrateful
and the evil?**



1. God let's them breathe.

**2. God sends the rain (or vaccine)
on the just and the unjust.**

**3. Christ's death is sufficient for
the redemption of the
ungrateful and the evil.**



Romans 2:4

- Or do you presume on the riches of his kindness and forbearance and patience, not knowing that **God's kindness** is meant to lead you to repentance?



Turn to Ephesians 2



¹ And you were dead in the trespasses and sins ² in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— ³ among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. ⁴ But God, being rich in mercy, because of the great love with which he loved us, ⁵ even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved— ⁶ and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁷ so that in the coming ages he might show the immeasurable riches of his grace **in kindness** toward us in Christ Jesus. ⁸ For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹ not a result of works, so that no one may boast.



Ephesians 2:7

- so that in the coming ages he might show the immeasurable riches **of his grace in kindness toward us in Christ Jesus.**



Gracious

- **Marked by kindness and courtesy**
- **Marked by tact and delicacy**



But Jesus wasn't always kind and gentle

Sometimes what needs to
be said isn't kind or gentle

You serpents, you brood of vipers, (Matt 23:33)



“Woe to you, scribes and Pharisees, hypocrites! For you are like whitewashed tombs, which outwardly appear beautiful, but within are full of dead people’s bones and all uncleanness. (Matt 23:27)

But he turned and said to Peter, “Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.” (Matt 16:23)

You hypocrites! Well did Isaiah prophesy of (Matt 15:7)



1 Corinthians 13:4

- Love is patient **and kind**;
love does not envy or boast; it
is not arrogant



Being Kind Includes

- **Being polite (pls & ty) and considerate**
 - **thoughtful of the rights and feelings of others**
- **Holding the door for someone**
- **Listening before speaking**



Ephesians 4:32

- **Be kind** to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Being Kind Includes



- **Saying what must be said with a gentleness**
- **Letting someone into your lane while driving**

- _____



Philippians 4:14

- Yet it was kind of you to share my trouble.



2 Timothy 2:24

- And the Lord's servant must not be quarrelsome **but kind to everyone**, able to teach, patiently enduring evil,



Titus 3:4

- But when the **goodness and loving kindness of God** our Savior appeared,



Titus 2:5

- to be self-controlled, pure, working at home, **kind**, and submissive to their own husbands, that the word of God may not be reviled.



Galatians 5:22

- But the fruit of the Spirit is love, joy, peace, patience, kindness, **goodness**

agathōsynē



KJV Translation Count — Total: 4x

The KJV translates Strong's G19 in the following manner: goodness (4x).

Outline of Biblical Usage [?]

/ . uprightness of heart and life, goodness, kindness

Strong's Definitions [?]

(Strong's Definitions Legend)

ἀγαθωσύνη *agathōsýnē*, ag-ath-o-soo'-nay; from G18; goodness, i.e. virtue or beneficence:—goodness.



Goodness

the quality or state of being good

**God is good and ultimately the
arbitrator on what is and isn't good**



**Only 4 verses into the
Bible and the reader is
introduced to the word
“good.”**

And God saw that the light was good.

v. 4, 10, 12,18, 21,25,31 (7x)



Psalm 107:1

- Oh give thanks to the LORD, for
he is good, for his
steadfast love endures forever!



Job 34:4

- Let us choose what is right; let us know among ourselves what is good.



“Goodness” is a rare word found only 4x in the New Testament (and only in Paul). It conveys the idea of benevolence and generosity toward someone else, a going the second mile when such magnanimity is not required. We sometimes speak of a deed done “out of the goodness of one’s heart,” which comes close to the meaning here except that, as with all nine items in the list, we are dealing with ethical characteristics produced in the believer by the Holy Spirit, not with natural qualities or personality traits cultivated apart from this supernatural dynamic.

Timothy George



Galatians 6:10

- So then, as we have opportunity, **let us do good to everyone,** and especially to those who are of the household of faith.

From my years in the US Army



Be-Know-Do

- **Be Good**
- **Know Good (evil)**
- **Do Good**



Luke 6:27

- “But I say to you who hear, Love your enemies, do good to those who hate you,



Luke 6:33

- And if you do good to those who do good to you, what benefit is that to you? For even sinners do the same.



Luke 6:35

- But love your enemies, and **do good**, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil.

Good



- **Sharing, being generous**
- **Working hard**
- **Supporting your leadership**
- **Being honest**
- **Expressing gratitude**
- **Be patient and compassionate**
- **Not gossiping**
- **Doing right**



Romans 12:9

- Let love be genuine. Abhor what is evil; **hold fast to what is good.**



Ephesians 4:29

- Let no corrupting talk come out of your mouths, **but only such as is good** for building up, as fits the occasion, that it may give grace to those who hear.



1 Peter 4:19

- Therefore let those who suffer according to God's will entrust their souls to a faithful Creator **while doing good.**



3 John 11

- Beloved, do not imitate evil but imitate good.
- Whoever does good is from God; whoever does evil has not seen God.



**Being Good—Knowing Good—
Doing Good is God's expectation
for His people.**

**Only God's people who are good
will hear, “well done, GOOD and
faithful servant.”**



Psalm 34:8

- Oh, taste and see **that the LORD is good!**
- Blessed is the man who takes refuge in him!