

9th Annual 2026 Embracing
Biblical Womanhood Conference

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As Holy

2 Timothy 2

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Truth for Everyday Questions:

A Biblical Approach to Apologetics

By: Lauren Whiting



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Overview:

Today, my goal is to answer these 5 questions:

- What is apologetics? → The Foundation
- What does it look like? → The Model
- Why does it matter today? → The Need
- How do I do it? → The Practice
- What's the goal? → The Goal

What is Apologetics? - *the Foundation*

Key Text = 1 Peter 3:15

- *Apologia* = reasoned defense
- NOT just debates and intellectual arguments
- Personal Story!

Peter's Emphasis:

Honor Christ as Lord in Your Heart

- Audience = believers suffering for Christ
- Truth = believers' hope flows from a life submitted to Christ
- Apologetics = a surrendered heart
long before any words are spoken

What does Apologetics look like? - *the Model*

Key Text #1 = Acts 17

- Paul observed before he spoke
- Paul found common ground
- Paul spoke truth with boldness yet grace
 - No shaming or personal accusations
 - He challenged a belief system - NO HOPE
 - He proclaimed the Gospel - HOPE

What does Apologetics look like? - *the Model*

Key Text #2 = John 4

- Jesus started with compassion
- Jesus asked questions first
- Jesus shared truth, including sin
- Jesus offered hope & fellowshipped with them



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Why does Apologetics matter? - *the Need*

Do you have people in your life that ask . . .

- Who am I? Why am I this way?
- What is my purpose in life?
- What am I good at?
- Why don't I fit in and have friends?
- Why am I so anxious?

Apologetics isn't only for Unbelievers

- It can be a form of evangelism
- It can also be a form of discipleship
- It should occur in everyday conversations (not literally every day, necessarily)
- **We should even use apologetics for our own hearts!**

Phil 4:6-8 = my favorite passage



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How do I do Apologetics? - *the Practice*

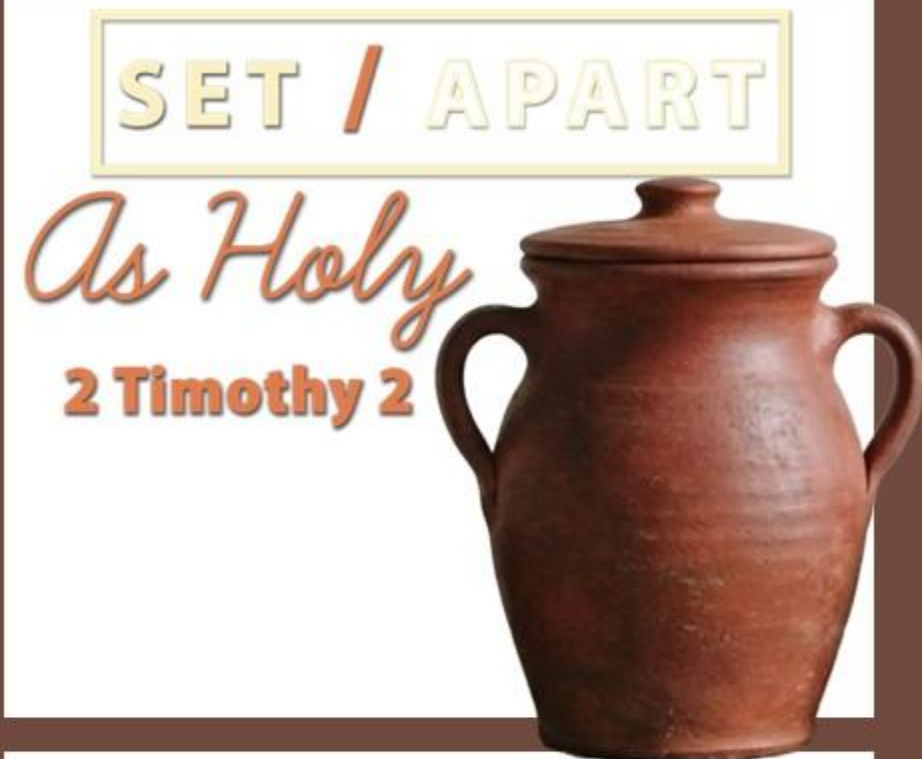
Part 1: Start with TRUTH. Ask Yourself, “What do I know?”

- About God
- About Man
- About Scripture
- About Christ / the Gospel

It's ok not to have everything memorized, but . . .

Important Truths to KNOW:

1. Creation, Fall, Redemption, Restoration
2. The Major Covenants
3. Key Biblical people & their stories
4. Key Passages of Scripture
(EX: Genesis 1:1, 3:15, 12; Psalm 2; John 1:1, 14; John 3; Hebrews 12; Romans 1, 3, and 8, etc.)
5. The Gospel
6. Your Testimony



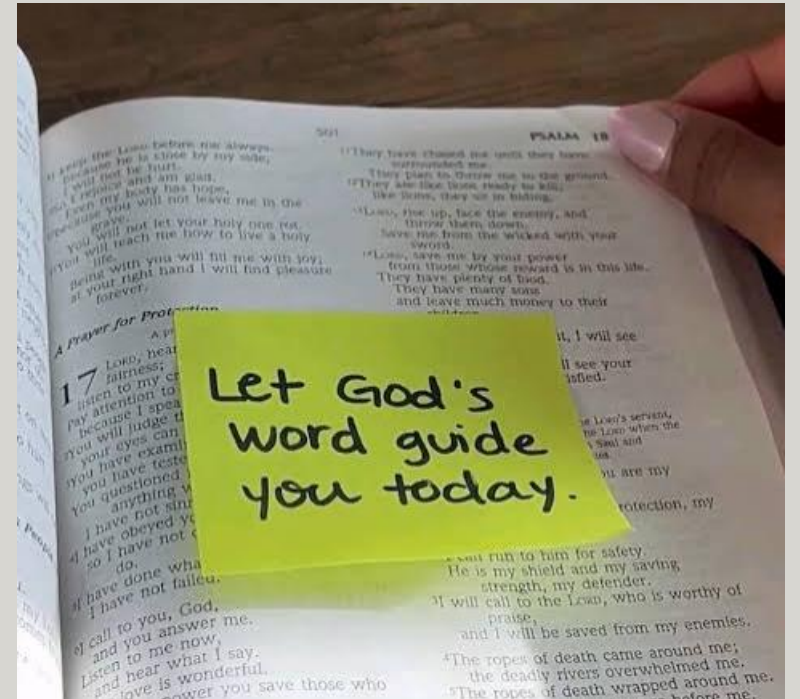
How do I do Apologetics? - *the Practice*

Part 2: The Glasses Framework

- G — Gaze
- L — Listen
- A — Ask
- S — See
- S — Share
- E — Encourage
- S — Stay

G: Gaze

- Observe.
- Pray for wisdom.
- Let Scripture shape what you say.



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L: Listen

- Really hear their heart before correcting.
- Who has ever been talking with someone who was just waiting to talk? 🗨️



A: Ask



- Shows you care and were listening
- Helps people discover inconsistencies in their own thinking
- May provide more information for you to help in the conversation

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S: See & Share

- See their own worldview
- See their pain / confusion
- Help them see where their thinking leads - NO HOPE

- Share truth from God's Word
- Share your testimony (not just salvation)
- Share HOPE

E: Encourage

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S: Stay

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Because Christ is Lord of our hearts,
we can confidently engage everyday questions
by standing on God's truth and
pointing people to Christ.



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