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As Holy

In My Biblical Womanhood Identity



2 Timothy 2

9th Annual 2026 Embracing Biblical Womanhood Conference



What is our identity? Is it what the world tells us - even heavily pressures us - to believe? Let's talk about some practical biblical truths that we as women can hold onto as we fight against the confusion and identity lies the world tells us.

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Let's take 2 minutes ...

- What do you think the world “tells” us to be?
- Social Media Perfect [Mom, Teen, etc.]
- Perfect Grades to Succeed
- Dress a certain way to be “beautiful” or feel loved
- “The Crunchy Woman” - sourdough starters galore, gardening, organic only, natural remedies only, etc.
- The Super Homeschool Mom - your kids will turn out terrible if they're not homeschooled
- The Other School Mom (public or private) - your kids will be weird if they're homeschooled
- The woman defined by her job; etc.

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Let's bring this into perspective...



The world

The Holy Spirit

US

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“...put on the new self which is being renewed in knowledge after the image of its creator.” Colossians 3:10

KEY VERSE

- Letter, written by Paul (& Timothy)
- Epaphras – heard Paul proclaiming the Gospel; Epaphras returned to his home (Colossae), shared the Gospel = Colossian church is born.
- Letter written in response to Epaphras returning to Paul with news of dangerous teaching within the church.



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2 Timothy 2

Let's Go Back to Understand

- Colossians 2:18-23
- Asceticism: the practice of strict self-denial as a measure of personal and especially spiritual discipline. (Merriam-Webster)
- This dangerous teaching Paul refers to is self-reliance. Focus was taken off Christ and put on

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self.



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Key Verse

*"...put on the new self which is being renewed in knowledge after the image of its creator."
Colossians 3:10*

Paul tells us in Colossians 3 how we combat this:

- “If we’ve been raised with Christ, seek the things that are above.”
- “Set your minds on things that are above, not on things that are on earth.”
- “Put to death therefore what is earthly in you.”

Sisters

- Let us keep our focus on Christ, lest our desires and earthly identities become idols.

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“...Put on the new self, which is being renewed in the knowledge after the image of its creator.”

- “Is being renewed” - renovate - (long process!!)
- “The image” eikon - likeness, representation

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To Do:

- ☐ Set our minds
- ☐ Be thankful
- ☐ Check our hearts
- ☐ Keep our gaze on Him



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Questions for Reflection:

- What are some practical ways we can we focus on the Lord in these areas of our lives?
- How can we “check our hearts” (scripture, prayer, other believers speaking into our lives)?
- **Do changes need to be made in our lives** if we idolize these areas? (Do these things create stress, chaos, disunity, etc.)
- **Am I as emotionally invested in the Lord as I am in [insert identity] ?**



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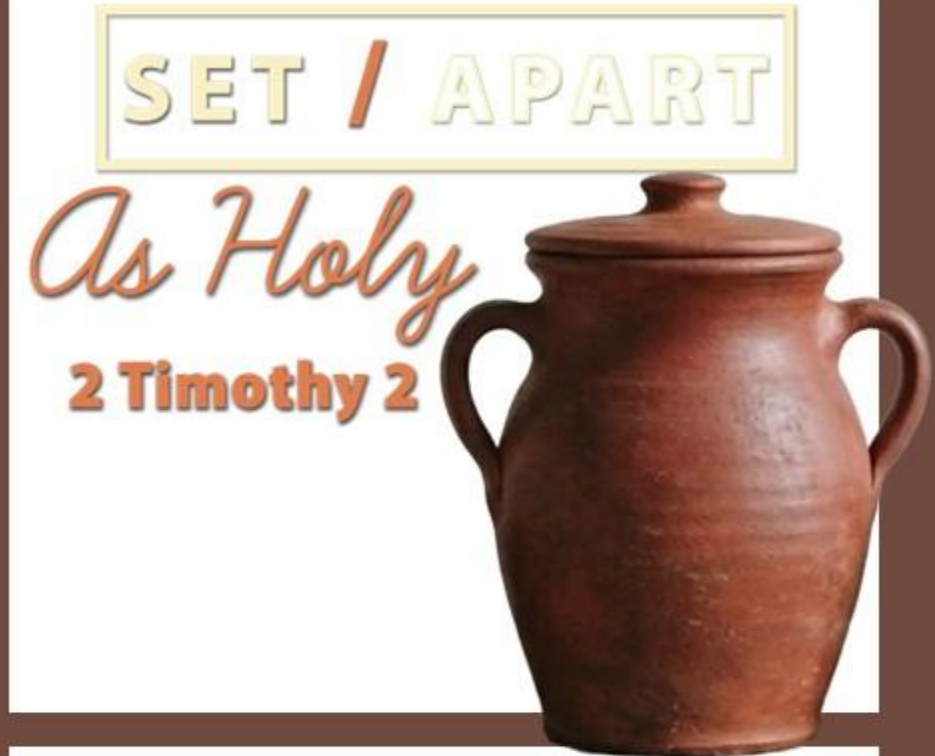
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2 Timothy 2

Scripture to Focus On

What are Biblical womanhood identities that we **can** focus on?

- God's chosen ones, holy and beloved. (Col 3:12)
- Clothed with garments of salvation, wrapped with a robe of righteousness (Isaiah 61:10)
- Child of God (John 1:12)
- Friend (John 15:15)
- Workmanship (Eph 2:10)
- We have inner beauty (1 Peter 3:3-4)



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