

9th Annual 2026 Embracing
Biblical Womanhood Conference

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As Holy

2 Timothy 2

AN
ILLUSTRATED GUIDE
TO THE
APOSTLE PAUL

HIS LIFE, MINISTRY,
AND MISSIONARY JOURNEYS



ALAN S. BANDY

Context

Acts 14: Paul & Barnabas on first missionary journey.

Timothy lived in Lystra with Gentile dad & Jewish mom, Eunice & grandma, Lois.

Lystra made up of Roman soldiers, Greeks, Jews, and natives.

Acts 16: Paul & Silas on second missionary journey.
Timothy is circumcised and brought with them.



Map created with Bible Mapper (biblemapper.com)



City of Ephesus





Let's read 2 Timothy 2.

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2 Timothy 2

1) You then, my child, be strengthened by
the grace that is in Christ Jesus,

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I. to be strong, endue with strength, strengthen



II. to receive strength, be strengthened, increase in strength

III. in a bad sense

1. be bold, headstrong

1) You then, my child, be **strengthened by**
the **grace** that is in Christ Jesus,

Cause {HIS GRACE}
&
Effect {Gives you STRENGTH}

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I. grace

1. that which affords joy, pleasure, delight, sweetness, charm, loveliness: grace of speech



II. good will, loving-kindness, favour

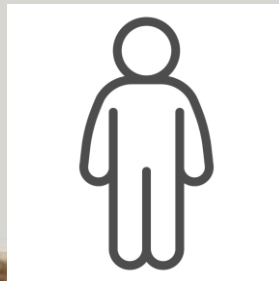
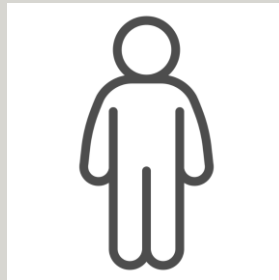
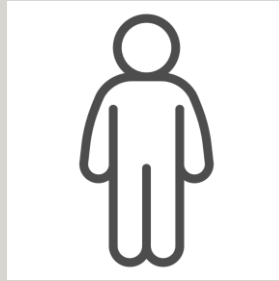
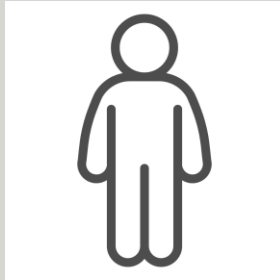
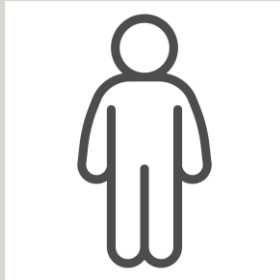
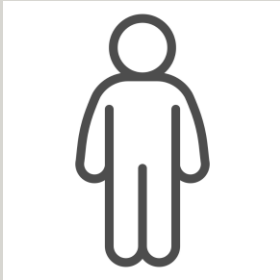
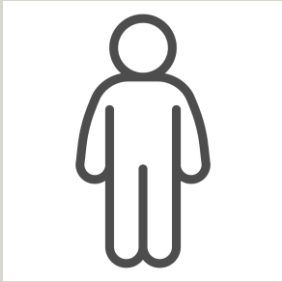
1. of the merciful kindness by which God, exerting his holy influence upon souls, turns them to Christ, keeps, strengthens, increases them in Christian faith, knowledge, affection, and kindles them to the exercise of the Christian virtues

2) and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also.

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3) Share in suffering as a good soldier of Christ Jesus.

Acts 9:15-16 But the Lord said to him (Ananias), “Go, for this man (Paul) is my chosen instrument to take my name to Gentiles, kings, and Israelites. I will show him **how much he must suffer for my name.**”

2 Timothy 3:10-12 CSB

But you have followed my teaching, conduct, purpose, faith, patience, love, and endurance, along with the **persecutions and sufferings that came to me in Antioch, Iconium, and Lystra. What persecutions I endured** — and yet the Lord **rescued** me from them all. In fact, all who want to live a godly life in Christ Jesus **will be persecuted.**

~~MISERY
LOVES
COMPANY~~

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Exodus 17:11-13 Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed. **But Moses' hands grew weary, so they took a stone and put it under him, and he sat on it, while Aaron and Hur held up his hands, one on one side, and the other on the other side. So his hands were steady until the going down of the sun.** And Joshua overwhelmed Amalek and his people with the sword.



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3) Share in suffering as a good soldier of Christ Jesus.



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Is suffering good?

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James 1:2-4 Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

Matthew 13:18-23 - Hear then the parable of the sower: When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what has been sown in his heart. This is what was sown along the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy, yet he has no root in himself, but endures for a while, and **when tribulation or persecution arises on account of the word, immediately he falls away.** As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful. As for what was sown on good soil, this is the one who hears the word and understands it. **He indeed bears fruit and yields,** in one case a hundredfold, in another sixty, and in another thirty.

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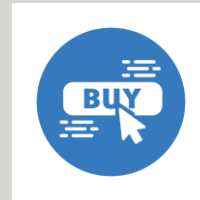
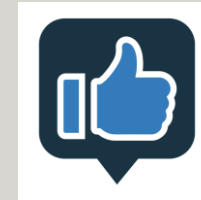
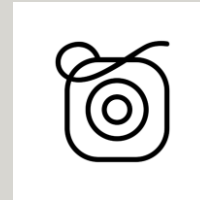
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4) No soldier gets entangled in civilian pursuits, since his aim is to please the one who enlisted him.

LSB: No soldier in **active service** entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier.

What's entangling you/distracting you?



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Hebrews 12:1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also **lay aside every weight, and sin which clings so closely,** and let us run with endurance the race that is set before us,

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Soldier

Focused

Has a commander

Must avoid
distractions

Endures hardship

Seeks to please
commanding officer

Immediate obedience

5) An athlete is
not crowned
unless he
competes
according to the
rules.



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Rules, rules, rules...wait just 2

Matthew 22:37-40 And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.”

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Fruit

Ephesians 4:1-7 I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all **humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.** There is one body and one Spirit—just as you were called to the one hope that belongs to your call— one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. But grace was given to each one of us according to the measure of Christ's gift.

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2 Timothy 2

Soldier	Athlete
Focused	Disciplined
Has a commander	Has rules
Must avoid distractions	Must obey rules
Endures hardship	Practices & competes
Seeks to please commanding officer	Seeks the crown
Immediate obedience	Long-term discipline

6) It is the hard-working farmer who ought to have the first share of the crops.



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Soldier	Athlete	Farmer
Focused	Disciplined	Patient
Has a commander	Has rules	Has a field
Must avoid distractions	Must obey rules	Must do the hard work
Endures hardship	Practices & competes	Plants, cultivates, & waits
Seeks to please commanding officer	Seeks the crown	Looks forward to the harvest
Immediate obedience	Long-term discipline	Long-term faithfulness

7) *Think over* what I say, for the Lord will give you understanding in everything.

Other translations: *consider, reflect, understand, grasp their application*

AMP: Think over the things I am saying [grasp their application], for the Lord will grant you insight and understanding in everything.



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8) Remember Jesus Christ, risen from the dead, the offspring of David, as preached in my gospel,



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1 Corinthians 15:1-4 Now I would remind you, brothers, of the gospel I preached to you, which you received, in which you stand, and by which you are being saved, if you hold fast to the word I preached to you—unless you believed in vain.

For I delivered to you as of first importance what I also received: **that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures,**

Genesis 3:15

I will put enmity between you (Deceiver or
all snakes depending on your translation) 😊
and the woman, and between your
offspring and her offspring;
**he shall bruise your head,
and you shall bruise his heel.”**

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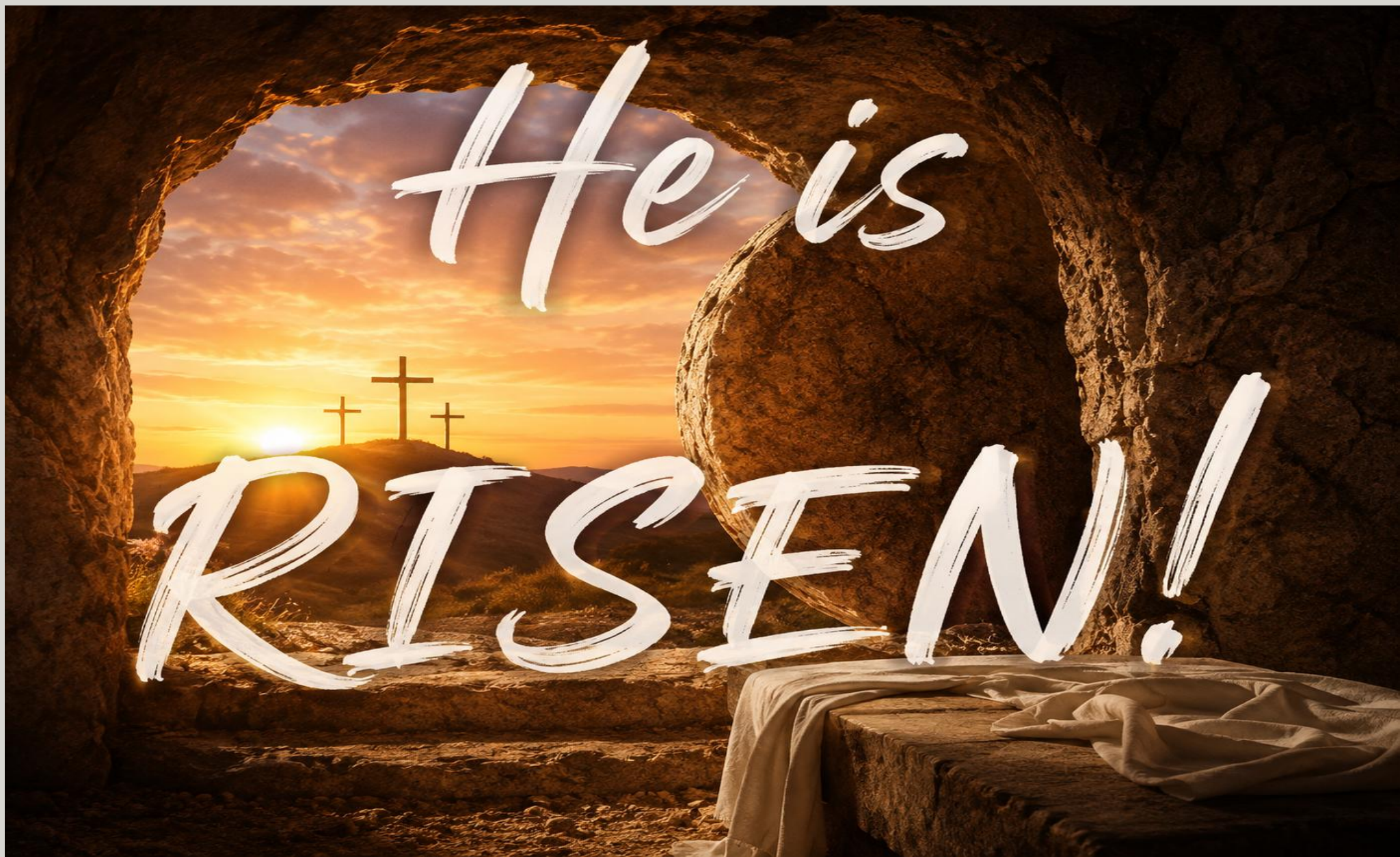
Genesis 12:1 Now the LORD said to Abram,
“Go from your country and your kindred
and your father’s house to the land that I
will show you. And I will make of you a
great nation, and I will bless you and make
your name great, so that you will be a
blessing. I will bless those who bless you,
and him who dishonors you I will curse,
and **in you all the families of the earth
shall be blessed.**

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Rise my soul **the Lord is risen**
Come behold **the empty grave**
See the place where darkness laid Him
Sing for **only hope remains**
Hallelujah, Praise forever
Death defeated and life restored
By that great immortal power
Christ is risen, arise my soul!

2 Samuel 7:12-16 When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you, who shall come from your body, and I will establish his kingdom. He shall build a house for my name, and **I will establish the throne of his kingdom forever.** I will be to him a father, and he shall be to me a son. When he commits iniquity, I will discipline him with the rod of men, with the stripes of the sons of men, but my steadfast love will not depart from him, as I took it from Saul, whom I put away from before you. And your house and your kingdom shall be made sure forever before me. Your throne shall be established forever.”

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2 Samuel 7:12-16 When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you who shall come from your body, and I will establish his kingdom. He shall build a house for my name, and **I will establish the throne of his kingdom forever.** I will be to him a father, and he shall be to me a son. When he commits iniquity, I will discipline him with the rod of men, with the stripes of the sons of men, but my steadfast love will not depart from him, as I took it from Saul, whom I put away from before you. And your house and your kingdom shall be made sure forever before me. Your throne shall be established forever.”

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Is it your gospel? Is it your good news?
Have you been Set Apart as Holy?



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Back to Timothy

8) Remember
Jesus Christ, risen
from the dead, the
offspring of David,
as preached in my
gospel,



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9) for which I am suffering, bound with chains as a criminal. But the word of God is not bound!

We have a Covenant-Keeping God.

We can trust Him even in our suffering.



2 Corinthians 11:23-28 Are they servants of Christ? I am a better one—I am talking like a madman—with far greater labors, far more imprisonments, with countless beatings, and often near death. Five times I received at the hands of the Jews the forty lashes less one. Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked; a night and a day I was adrift at sea; on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brothers; in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure. And, apart from other things, there is the daily pressure on me of my anxiety for all the churches.

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10) Therefore I endure everything for the sake of the elect, that they also may obtain the salvation that is in Christ Jesus with eternal glory.

Endure the suffering. Abide. Be steadfast.

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2 Timothy 2

Inverted Sandwich

Positive →
Criticism →
Positive →



← Share in suffering
← Remember
← Endure everything

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1 Peter 1:6-9 In this you **rejoice**, though now for a **little** while, if necessary, you **have been grieved by various trials**, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in **praise and glory and honor at the revelation of Jesus Christ**. Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory, **obtaining the outcome of your faith, the salvation of your souls**.

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**What have you endured for the
sake of the elect?**

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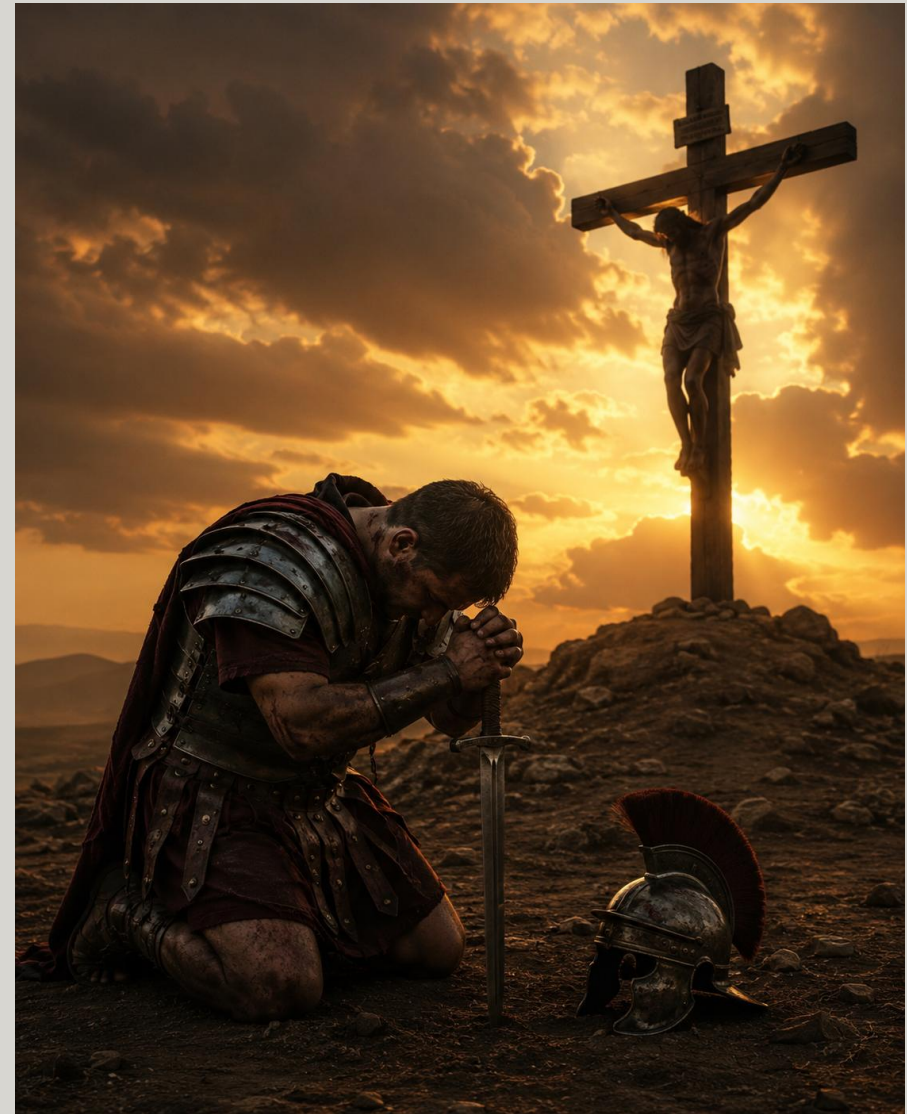
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- Have you lost family or friends?
- Have you been criticized falsely?
- Have you felt lonely?
- Have you lost sleep or fasted?
- Have you wept over sin - yours & others?
- Have you dealt with health issues for yourself or someone else?
- Have you been burdened by someone not believing?
- Have you seen people walk away from the faith or at least the knowledge of it?
- Have you bore something you didn't want to bear?
- Have you endured whatever hardship the Lord has put in your path with the mindset that this is for

11) The saying is
trustworthy, for:

If we have died
with him, we
will also live
with him;



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Romans 6:8-11 For if we have been **united with him in a death** like his, we shall certainly be **united with him in a resurrection** like his. We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been **set free from sin**. Now if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must **consider yourselves dead to sin and alive to God in Christ Jesus**.

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Revelation 22:1-5 CSB Then he showed me the river of the water of life, clear as crystal, flowing from the throne of God and of the Lamb down the middle of the city's main street. The tree of life was on each side of the river, bearing twelve kinds of fruit, producing its fruit every month. The leaves of the tree are for healing the nations, and there will no longer be any curse. The throne of God and of the Lamb will be in the city, and his servants will worship him. They will see his face, and his name will be on their foreheads. Night will be no more; people will not need the light of a lamp or the light of the sun, because the Lord God will give them light, and they will reign forever and ever.

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12) if we **endure**, we will also reign with him; if we deny him, he also will deny us;

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II. to remain i.e. abide, not recede or flee

- 1.* to persevere: under misfortunes and trials to hold fast to one's faith in Christ
- 2.* to endure, bear bravely and calmly: ill treatments

Hebrews 12:1-4 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us **run with endurance** the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him **endured** the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who **endured** from sinners such hostility against himself, so that you may not grow weary or fainthearted. In your struggle against sin you have not yet resisted to the point of shedding your blood.

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12) if we endure, we will also reign with him; if we **deny** him, he also will deny us;

Titus 1:16 They profess to know God, but they **deny** him by their works. They are detestable, disobedient, **unfit for any good work.**

11) The saying is trustworthy, for:

If we have died with him, we **will also**
live with him;

if we endure, we **will also** reign with
him;

if we deny him, he **also will** deny us;

13) if we are faithless, he remains faithful— for he cannot deny himself.

Romans 3:3-4 What if some were unfaithful? Does their faithlessness nullify the faithfulness of God? **By no means!** Let God be true though every one were a liar, as it is written, “That you may be justified in your words, and prevail when you are judged.”

I have fought the good fight, (soldier)
I have finished the race, (athlete)
I have kept the faith. (farmer)

Are these the last words you want to tell the world?

Could you say it to people you've discipled, and they believe you?

Have they watched you live it out?

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Theme Song ~ Hold Me Savior

Hold me Saviour, lest I wander
Never let me stray
When my heart is heavy laden
help me bear the weight
May my burden bring me
Closer to Your side
Every lack that leads to worship
Is a precious prize

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Guide me, Saviour, let Your nearness,
Cheer me every hour
Show me marvels of Your mercy
wonders of Your power
By Your streams of water
Lead me through this land
Joys await me on the way
And home is near at hand

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Keep me, Saviour, to the finish
Faithful till the end
When I'll sing "there never was
A truer, better friend"
Through the gates of glory
Lead me all the way
There my faith will turn to sight
And prayer will turn to praise

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Hold me Saviour
now and ever
Lord let Your goodness
go with me
Guide and keep me
Gently lead me
**Your presence with me
is my peace**

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Main Points:

- ❖ Be strengthened by His grace.
- ❖ Share in suffering as a soldier.
- ❖ Remember Jesus Christ.
- ❖ Endure everything for the sake of the elect as an athlete.
- ❖ Be faithful as a farmer.

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Why?

- ❖ He lives as **The Soldier.**
- ❖ He reigns as **The Athlete.**
- ❖ He remains faithful as **The Farmer.**

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Be faithful to the end!



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