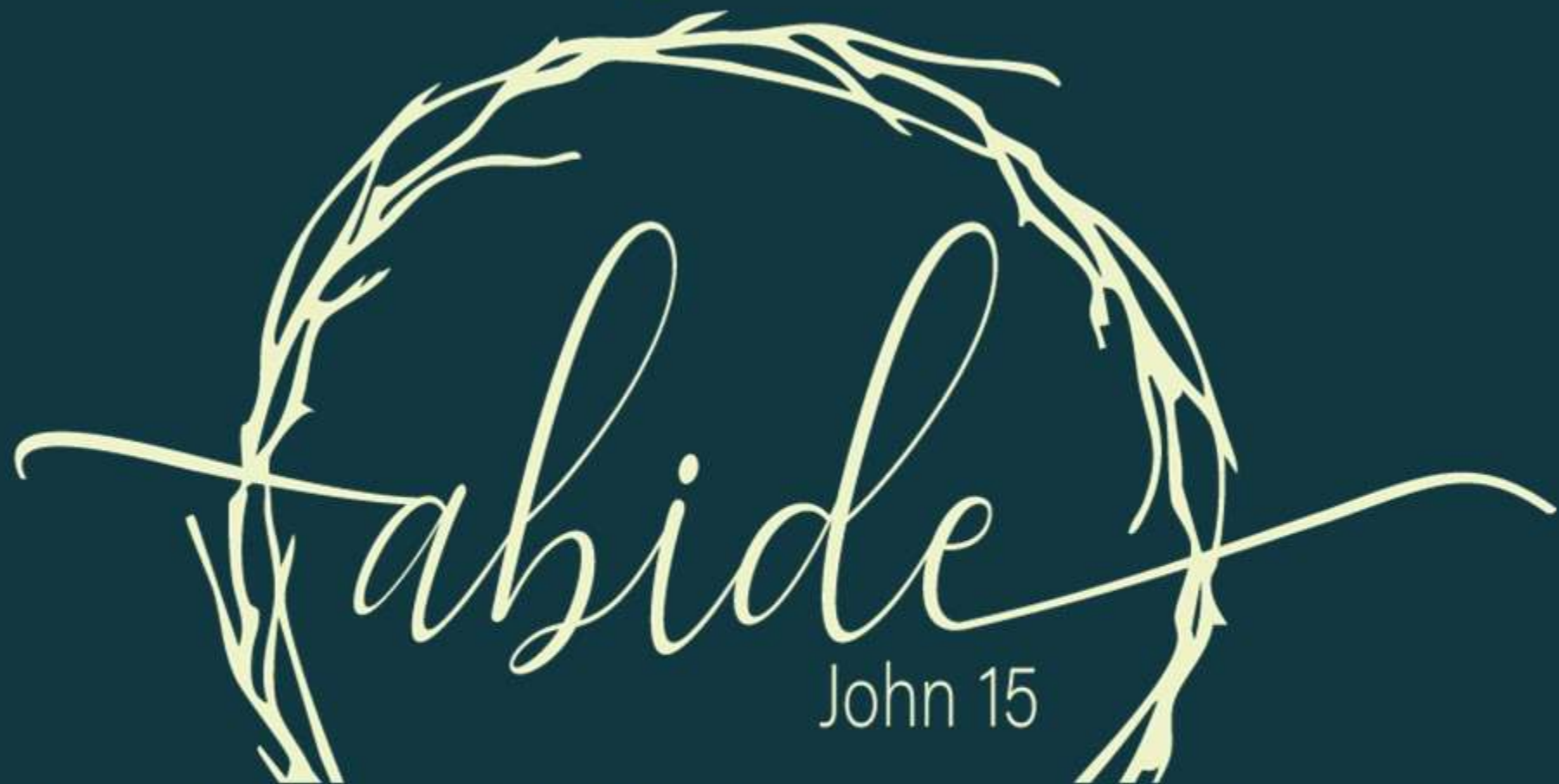


8th Annual 2025 Embracing Biblical Womanhood Conference



*"Apart from **HIM**, we can do nothing"*

Season *of* Singleness

WHOLE NOT WAITING



Overview—Why are we here?

- 1) Common Cultural & Church Narratives
- 2) What Scripture Actually Says
- 3) Reframing Singleness as a Gift
- 4) Living Whole, Not Waiting



Common Cultural & Church Narratives



Cultural Narratives

- Happily Ever After
- Romantic Relationship=Identity
- Success is Marriage + Kids
- Loneliness is the Default



Church Narratives

- You're just in a waiting season
- God will bring someone when you're ready
- Marriage as the reward



Why This Matters

- Feeling “less than” or incomplete
- Spiritual confusion
 - “Is God holding out on me?”
- Doubt God’s Character
 - Is He good & sovereign?
- Discontentment & discouragement





What Scripture Actually Says



1 Corinthians 7:7-8 & 32-35

- Singleness as a gift, not a punishment
- Singleness is good-not second-class
- Undivided devotion to the Lord



Psalm 84:11

- God is generous
- If marriage were the “good thing” for you right now, He would not withhold it.
- Trust His timing



Colossians 2:9-10

- Our Fullness is In Christ
- Freedom from “Not Enough” mindset
- Christ’s Supreme Authority



Reflection

Is it possible that what God is giving you in this season is good - even if it's not what you expected or hoped for?



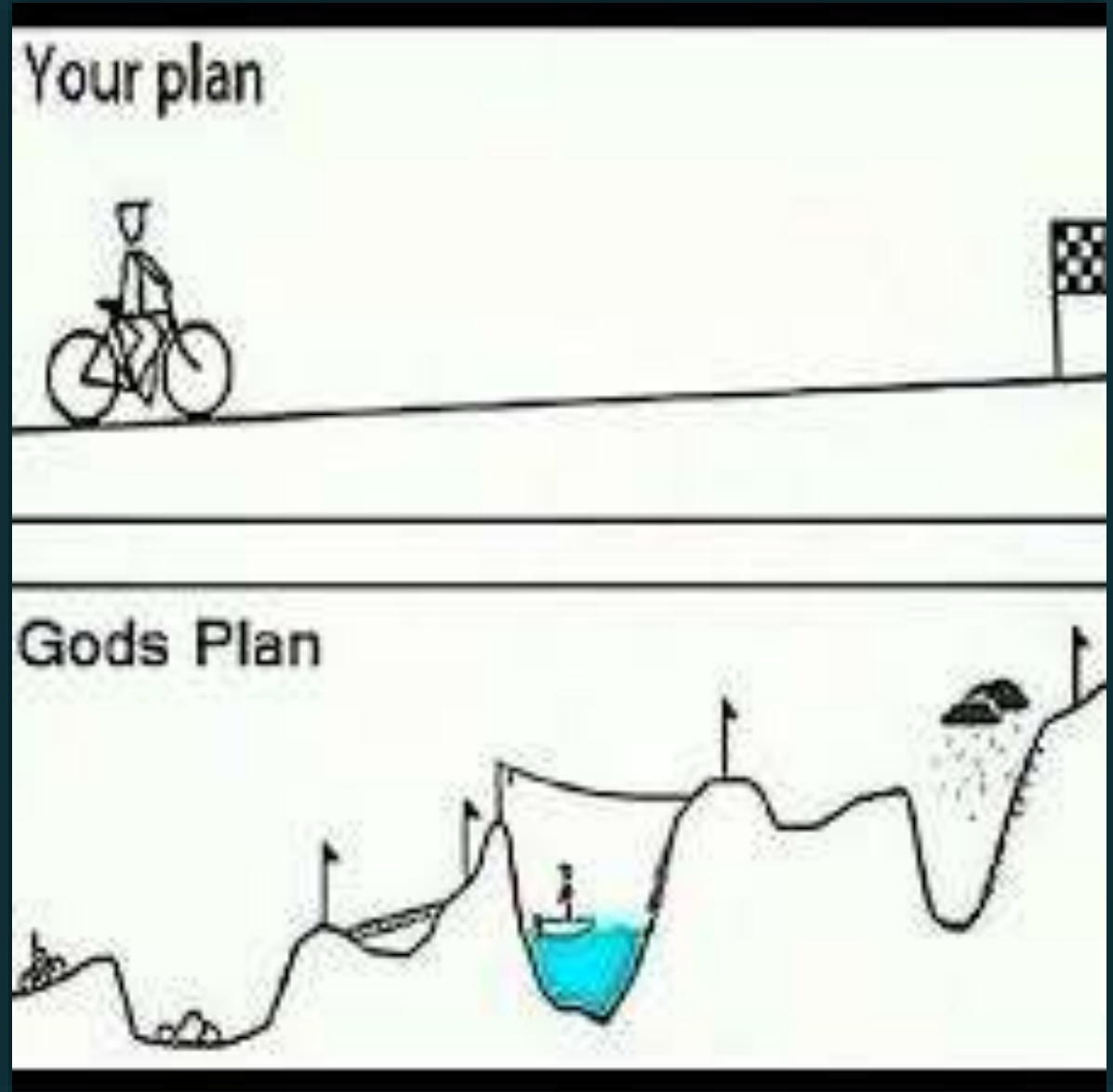
Reframing Singleness as a Gift



1. Singleness as a Place of Real Struggle & Sanctification

A) The Struggle is Real- Acknowledge it

- Companionship
- Intimacy
- Finances
- Decision-Making
- Co-parenting
- Solo parenting



1. Singleness as a Place of Real Struggle & Sanctification

- Struggling Well: Practical Ways to Respond
 - Run to God, Not Away
 - Anchor Yourself in Scripture
 - Pursue Community
 - Take Wise Action
 - Preach the Gospel to Yourself



1. Singleness as a Place of Real Struggle & Sanctification

B) Contentment is a choice

Philippians 4:11–13

¹¹ Not that I am speaking of being in need, for I ***have learned***, in ***whatever situation*** I am, to be ***content***. ¹² I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. ¹³ ***I can do all things through him who strengthens me.***



1. Singleness as a Place of Real Struggle & Sanctification

1 Timothy 6:6-8

⁶ But godliness *with contentment* is great gain, ⁷ for we brought nothing into the world, and^[a] we cannot take anything out of the world. ⁸ But if we have food and clothing, with these we will be content.



1. Singleness as a Place of Real Struggle & Sanctification

Hebrews 13:5

⁵ Keep your life free from love of money, and be content with what you have, for he has said, *“I will never leave you nor forsake you.”*



2. Singleness as a Space for Intimacy

- Deepened Relationship with God
 - James 4:8
- Rooted Identity in Christ
 - Ephesians 1:3-14
 - Romans 8:38-39
- Abiding in the Vine
 - John 15
 - Galatians 5:22-23
- Strength for Every Season
 - 2 Corinthians 12:9
 - Isaiah 41:10



3. Singleness as a Season of Purpose & Freedom

- Unique Season of Providence
 - Romans 8:28
 - Ephesians 2:10
- Freedom for Kingdom Service
 - 1 Corinthians 7:32-35
- Living for God's Glory
 - Matthew 6:33
- Shaping Habits of Grace
 - 2 Corinthians 3:18

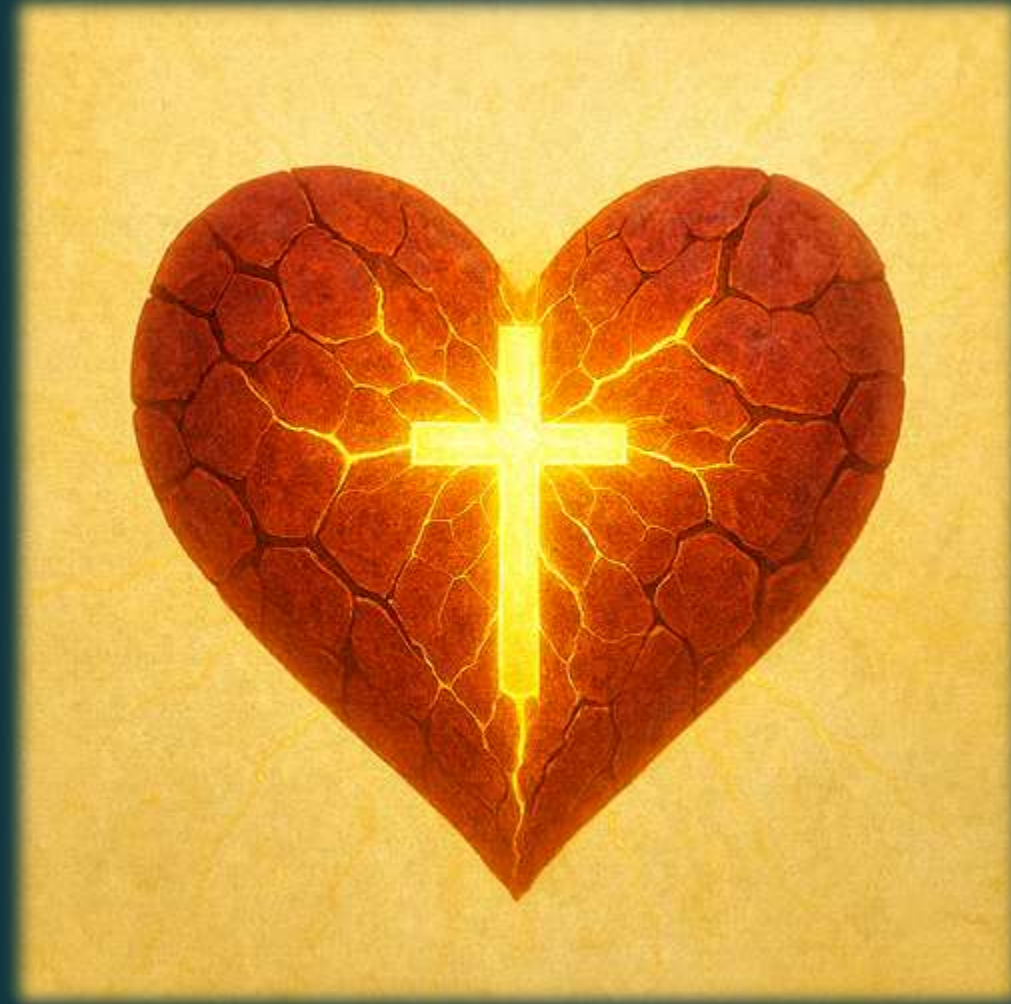


Living Whole, Not Waiting



How to Cultivate Wholeness-Spiritual

- Live from Your Identity in Christ
- Be Intentional, Not Idle (Isaiah 58:10)
- Holding Both Longing & Contentment
- Be Rooted in the Word & Prayer
- Practice Spiritual Disciplines
- Walk in Healthy Community & Accountability



How to Cultivate Wholeness- Physical

- Practice Patterns of Rest
 - Sleep as Trust
 - Reset
 - Stress management
- Move with Purpose
- Nourish Your Body Wisely
- Set Healthy Boundaries



Conclusion

- You are not behind, incomplete, or missing out on God's best.
- God is not withholding good from you-He is working for your good, even in this season.
- "Only one life, 'twill soon be past;
Only what's done for Christ will last."



Resources

- The Bible – Read it & believe it!
- The Envy of Eve by Melissa B. Kruger



Group Discussion & Q&A

- What stood out to you today?
- How have you wrestled with this topic?

