

Discerning Worship Workshop Outline

Discerning Worship

The Bible commands us to worship God in spirit and truth, but what does that mean? Together we will explore what the Bible teaches about worship in the Psalms. We will discover that worship is much more than singing songs in church, or an emotional feeling when music hits us just right. Finally, we will make practical applications to our lives concerning what godly worship looks like and how discerning lyrics will help us choose the best music to sing praises to our King!

- I. Introduction: what does worship feel like to you?
Please fill out your 3x5 card with your name and
 1. What comes to your mind when you picture yourself in worship? What do you feel? What sets the stage? What actions are you doing?
 2. What do you feel wrecks your ability to worship? (I will not read any names aloud, but I want to draw a winner for a book or CD or digital download.)
- II. What is worship?
 - a. Everything we think about, say, and do can be an act of worship if we are submitting to the Holy Spirit's authority (ask for examples of areas in our lives in which we can be worshippers if we are more concerned about giving God glory than completing our agendas) (**Romans 12:1**)
 - i. Work
 - ii. Play
 - iii. Rest
 - iv. Relationships
 - v. Time
 - vi. Talents
 - vii. _____
 - b. Everything we think about, say, and do **is** an act of worship (**Romans 8:5-10**)
 - i. God
 - ii. Ourselves (even when we "worship" others (SO, children, parents, etc.) and their opinions, it is an act of worship toward ourselves—we desire the approval/love of others over obeying God)
 - c. Redirecting our hearts to worship God:
 - i. Is what I'm thinking about, saying, or doing worshipping You, Lord, or myself?
 1. Our thoughts drive our emotions which drive our actions which build habits (**Habits, p. 11 Philippians 4:9, Col. 1:9-10**)
 2. Time in The Word and prayer prepare us to live worship-filled lives (**Philippians 4:6-7; Psalm 119: 15, 27, 48; 143:5**)
 - ii. Worship as a response to anxiety, pain, suffering, and sorrow
 1. Worship during trials is the ultimate expression of faith

2. Lamenting in the psalms deals with pain honestly and yet always ends with an expression of trust in the Lord (*Dark Clouds, Deep Mercies*)
 3. Read an example (**Psalm 13**)
- III. What is corporate worship? How can I be a God-glorifying participant?
- a. Ministering/serving
 - i. Get plugged in to the church: not necessarily in your talent/skill (**my testimony!**)
 - ii. Be the church outside the church building (**Galatians 6:10**)
 1. Ask for examples!
 - b. Singing
 - i. Engaged minds: think about the lyrics—don't check out! (**Psalm 19:14**)
 - ii. Engaged hearts: we should have emotional reactions to what we are singing about—God designed us this way! (**Psalm 33:1**)
 - iii. Engaged bodies: is raising hands ok? How much movement is too much? (**Psalm 28:2, 63:4, 119:48**)
 - c. Prayer time: praying for myself and others focuses my mind
 - d. Sermon/teaching
 - i. Engaged listener
 - ii. Active participant—this might take preparation!
- IV. How can I best worship God in song?
- a. Style Matters
 - i. What is appropriate for the corporate setting?
 1. Tone
 2. Ease of corporate singing
 3. Directing to Christ vs. distracting & entertaining (**2 Corinthians 10:3-5**)
 - ii. Diversity is important in corporate worship—it is not bad for individual worship either!
 - b. Lyrics Matter
 - i. Truth over likeability
 - ii. Christ exalting over self-exalting (this is very subtle!)
 1. Praise and Worship
 - a. Praise by Elevation
 - b. Bless the Lord, O My Soul by Sovereign Grace
 2. For the Girls
 - a. Gold by Britt Nicole
 - b. I Am Not My Own by Gettys
 - iii. Lyrics should reflect the 6 types of psalms
 1. Lament (We looked at Psalm 13)

2. Praise (**Psalm 66**)
 3. Thanksgiving (**Psalm 107: 1-22, read the rest if time!**)
 4. Kingship & Covenant (**Psalm 47**)
 5. Trust (**Psalm 16**)
 6. Wisdom (**Psalm 37: 1-13, read the rest if time!**)
- v. Giveaway and Questions (if time!)

“I am Not My Own” (Gettys)

The One who made the heavens, made my heart and soul
Before I drew a breath, I was loved and known
I am His creation, the Maker's masterpiece
And all that He designs will be done in me
My body is a temple of the living God
I'll worship in this house that His blood has bought
As I bear His image, oh, may I not profane
The holiness I hold in this earthly frame

I belong to the Lord, oh, I am not my own
I belong to the Lord, I am not my own
I will honor Him for this I know
I belong to the Lord, I am not my own

And if He has redeemed me, I am not my own
The measure of my worth is His love alone
He declares my standing, and He declares my state
So I will know myself by the name He gave

I belong to the Lord, oh, I am not my own
I belong to the Lord, I am not my own
I will honor Him for this I know
I belong to the Lord, I am not my own

I am not my own and now my heart is free
O Maker, come and make what You will of me
There is nothing broken that You cannot repair
So Lord, I leave my life in Your loving care (I know that-)

I belong to the Lord, oh, I am not my own
I belong to the Lord, I am not my own
I will honor Him for this I know
I belong to the Lord, I am not my own (oh, I am not my own)
I will honor Him for this I know
I belong to the Lord, I am not my own

"Gold" (Britt Nicole)

You were walking on the moon
And now you're feeling low, oh-oh
What they said wasn't true
You're beautiful
Sticks and stones break your bones
I know what you're feeling
Words like those won't steal your glow
You're one in a million

This, this is for all the girls
Boys all over the world
Whatever you've been told
You're worth more than gold
So hold your head up high
It's your time to shine
From the inside out it shows
You're worth more than gold
(Go-o-o-old, you're go-o-old)
You're worth more than gold
(Go-o-o-old, you're go-o-old)

Well, everybody keeps score
Afraid you're gonna lose
Just ignore
They don't know the real you (Know the real you)
All the rain in the sky
Can't put out your fire (Your fire)
Of all the stars out tonight (Out tonight)
You shine brighter

This, this is for all the girls, boys all over the world
Whatever you've been told
You're worth more than gold
So hold your head up high
It's your time to shine
From the inside out it shows
You're worth more than gold

(Go-o-o-old, you're go-o-old)
You're worth more than gold
(Go-o-o-old, you're go-o-old)

Uh, so don't let anybody tell you that
you're not loved (Not loved)
And don't let anybody tell you that you're
not enough (Not enough)
Yeah, there are days that we all feel like
we're messed up
But the truth is that we're all diamonds in
the rough (In the rough)
So, don't be ashamed to wear your crown
You're a king, you're a queen, inside and
out
You glow like the moon, you shine like the
stars
This is for you, wherever you are! (Oh, oh,
oh)
Yeah, yeah, hey!
Go-o-o-o-old

This, this is for all the girls (Whoa, oh)
Boys all over the world (All over the world)
Whatever you've been told
You're worth more than gold (So hold your
head up)
So hold your head up high (Ooh)
It's your time to shine (Yeah)
From the inside out it shows
You're worth more than gold
(Go-o-o-old, you're go-o-old) (You're gold)
You're worth more than gold
(Go-o-o-old, you're go-o-old)

So don't be ashamed to wear your crown
You're a king, you're a queen, inside and
out

Praise (Elevation)

I'll praise in the valley
Praise on the mountain (yeah)
I'll praise when I'm sure
Praise when I'm doubting (yes, sir)
I'll praise when outnumbered
Praise when surrounded
'Cause praise is the water
My enemies drown in
As long as I'm breathing
I've got a reason to

Praise the Lord
Oh, my soul (c'mon)
Praise the Lord
Oh, my soul (hey)

I'll praise when I feel it
And I'll praise when I don't
I'll praise 'cause I know
You're still in control
Because my praise is a weapon
It's more than a sound (more than a sound)
Oh, my praise is the shout
That brings Jericho down (oh)
As long as I'm breathing
I've got a reason to

Praise the Lord (c'mon)
Oh, my soul
(So I'm gonna) praise the Lord
Oh, my soul

I won't be quiet, my God is alive
So how could I keep it inside?
Praise the Lord
Oh, my soul
(Praise the Lord)

Bless the Lord, O My Soul (Psalm 103)

My God is slow to anger when I go astray
Bless the Lord, O my soul
For all of my betrayals, He will not repay
Bless the Lord, O my soul

Through mercy and compassion His great love is proved
He covers my transgressions like the snow
As far as east from west are all my sins removed
Bless the Lord, O my soul

He saved me from the pit when I had lost all hope
Bless the Lord, O my soul
From endless springs of kindness all His blessings flow
Bless the Lord, O my soul

Our days will fade like flowers and are quickly spent
And like the wind our years will come and go
Everlasting favor is His covenant
Bless the Lord, O my soul
Bless the Lord

Merciful and gracious is my God to me
Bless the Lord, O my soul
And I will tell His goodness through eternity
Bless the Lord, O my soul

And bless the Lord, you angels, all you heav'nly hosts
And every living creature here below
Praise the Father, praise the Son, and Holy Ghost
Bless the Lord, O my soul

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